Sew Retro!

Create mid century foundation garments

By AIM Member Kathi Mendenhall

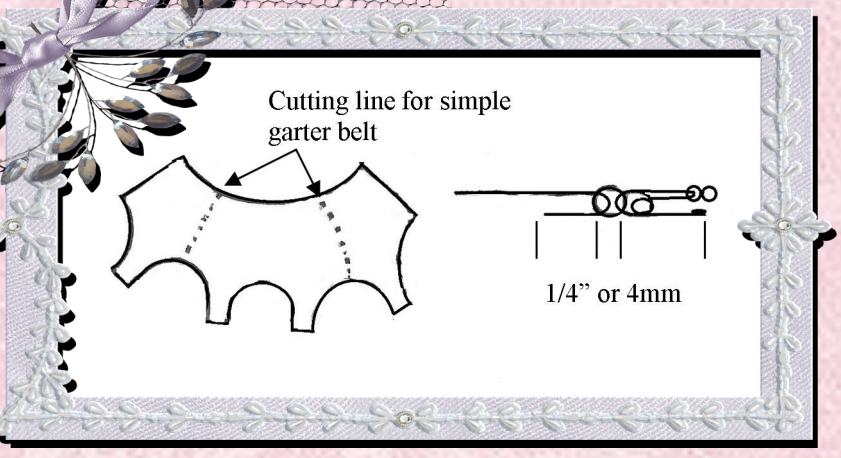
foun·da·tion *noun* \faůn-ˈdā-shən\

An underlying base or support.

A body or ground upon which something is built up or overlaid.

A woman's supporting undergarment.

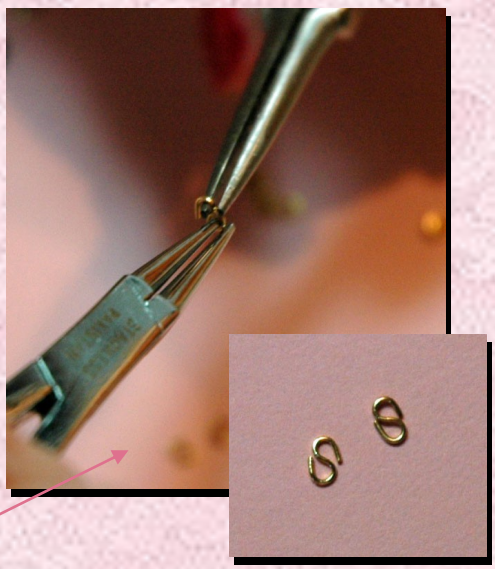
See the April 2010 issue of the AIM magazine for Camisole and Tap Pants project.



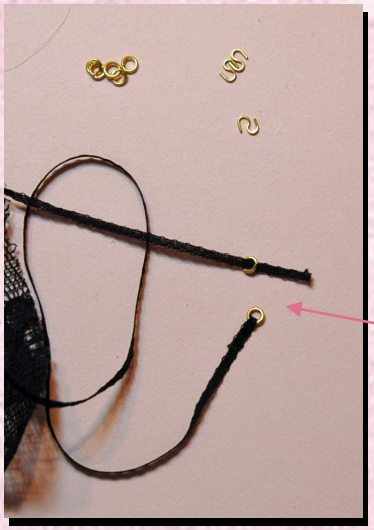
Supplies

Scraps of lace, fabrics and trims (2mm ribbons)
2mm jump rings
Small "S" wires
Fusible Dots

Scissors, glue, pliers, tweezers, rosary pliers



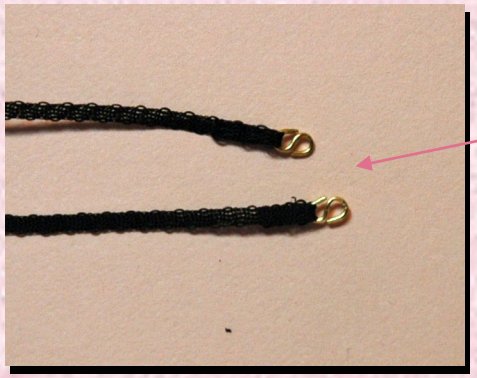
Cut the Garter Belt Base from fabric or lace. Set aside.



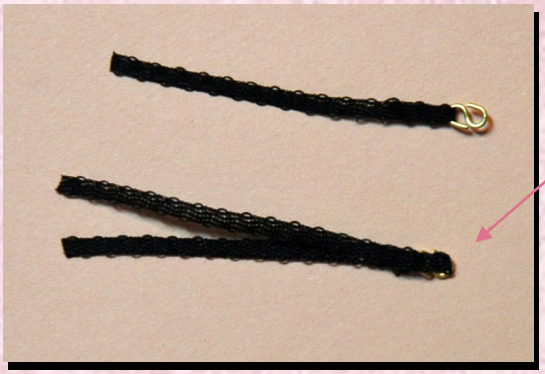
Thread 1/4" fairy lace, or 2mm ribbon through a jump ring and glue end down.

Close the S rings.

Thread about 1.4" of 2mm or smaller fairy lace or ribbon through "S" ring for two pieces.

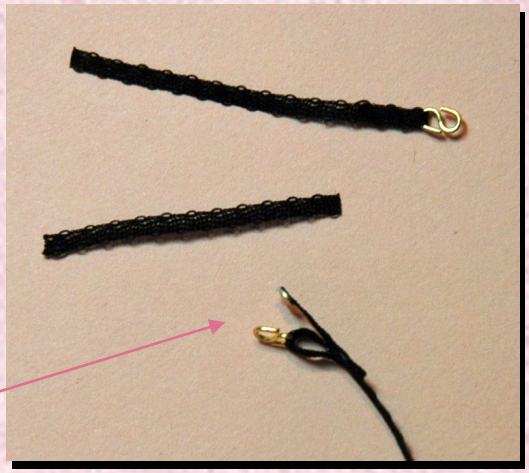


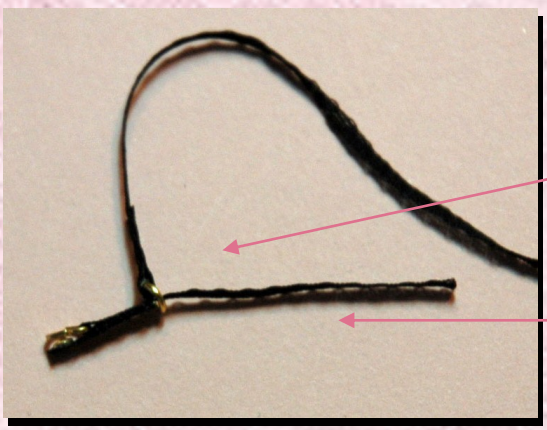
Set aside. Take a 2" piece of fairy lace and glue a fusible dot on each end.



Turn one of the pieces of ribbon with dots upside down over the “S” and lining it up with bottom of the “S”.

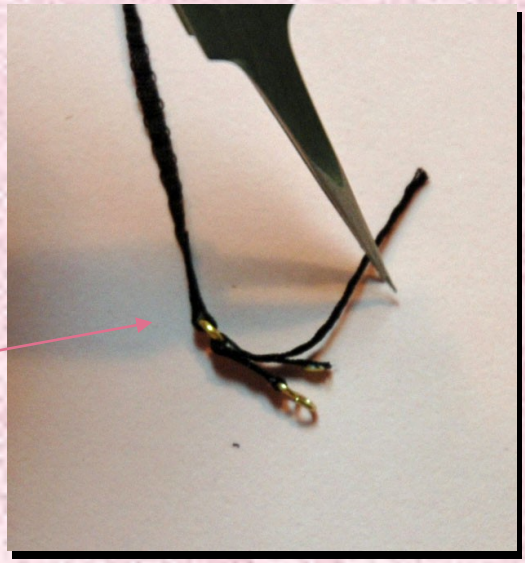
Glue in place above “S” and trim away excess.
This creates the clamp area like this.





Thread the long clamp area through the jump ring until the end of the 1/4” measure touches the ring.

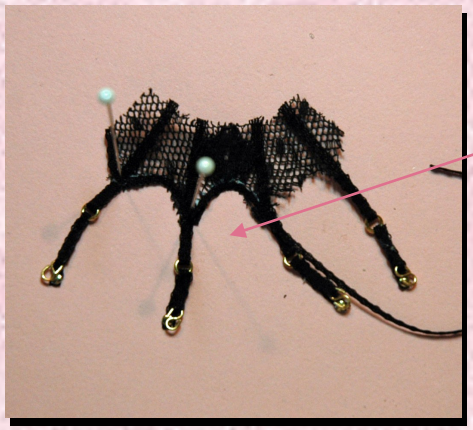
Fold over and glue in place.
Cut away excess.



Glue the strands of garter up the center as shown and trim away excess at the band.

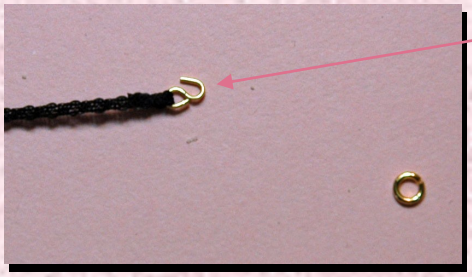
Okay, the hardest part is complete, set this aside.

Complete one more set of garters the same as before and complete the outside or back garters.
Cut a decorative piece of lace and glue to the center front.



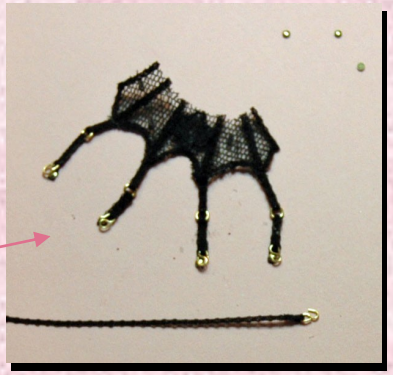
Begin covering the raw edges with lace or ribbon using pins to form turns.

Complete all lower edges and sides.



Using more lace, form another “S” pin leaving one side open for a hook.

Glue on the waistband, and add a jump ring on the opposite end.



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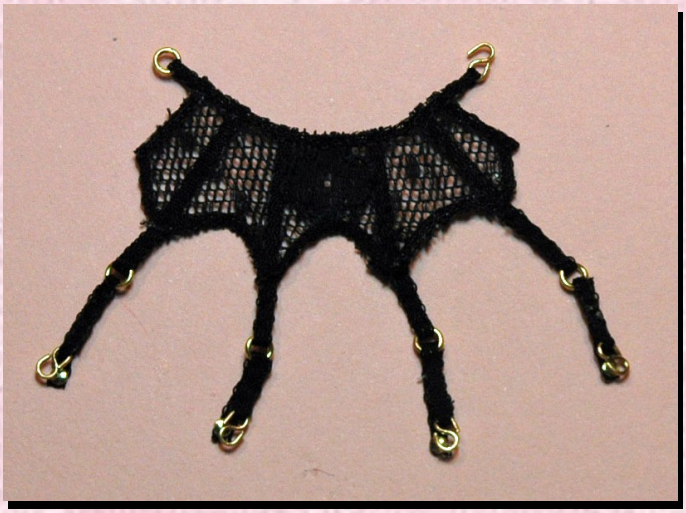
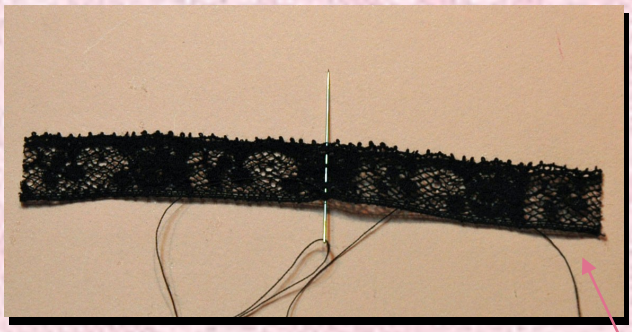
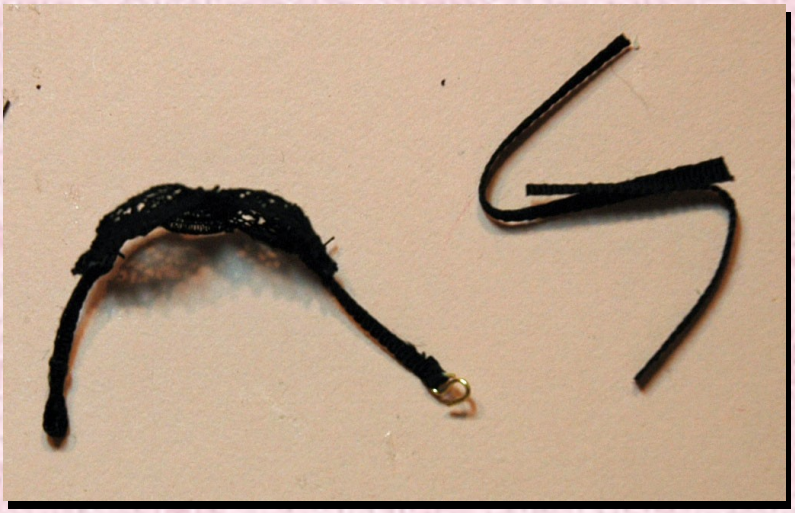


Garter Belt



Begin with a 4” strip of lace edging. Gather the center.. About 1/2” from the center, gather again, creating a “cup.” Do this again on the opposite side, 1/4” from the center.

Sew Retro! Brassier



Cut an additional piece of lace edging and fill in the lower section. Add back straps with an “S’ hook and loop, and then add the straps.

To create the simple version of the garter belt, trace pattern to fabric, cut out, edge with pieces of ribbon, and add a decorative bow to each end.

The bra is completed the same.

See finished picture.

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